Suggestions & Ideas

Mouthwash
Use 1—2 drops of “Thieves Spirit” in a glass of water.

Toothbrush
1 drop of “Thieves Spirit” on toothbrush along with your favorite toothpaste.

Sprays
Air Freshener:
1 part vinegar,
1 part water
1 ml (10 drops) of “Thieves Spirit” Blend.

Eliminate Odors:
Spray in any room, closet, car, shoes, hamper to help destroy bad odors, for more stubborn smells try the disinfectant recipe.

Disinfectant:
2/3 vinegar, 1/3 water,
2 ml (20 drops) “Thieves Spirit” spray on kitchen counters, sinks, garbage cans etc...

Toilet Cleaner:
Pour 5–10 ml (2–4 Tbs.) of the disinfectant mix into the bowl, 1/2 cup baking soda,

Price list

<table>
<thead>
<tr>
<th></th>
<th>5 ml</th>
<th>15 ml</th>
<th>30 ml</th>
<th>60 ml</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pure</td>
<td>12</td>
<td>22</td>
<td>36</td>
<td>58</td>
</tr>
<tr>
<td>Myst</td>
<td>60 ml / $14</td>
<td>120 ml / $24</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Pure
The Thieves Spirit Blend at its Pure form, a blend of therapeutic essential oils in its highest concentration. Must be diluted before use.

Myst
Light sprays with a 10% solution of Pure essential oils in a simple water base.

For over 20 years “The Genie” has applied his expertise and intuition for practical applications of Essential Oils and their powerful benefits for the body and the mind.

Contains Absolutely NO!
Harsh Chemicals, Animal Products or Animal By-Products, Cetyl or Isopropyl Alcohol, and no Petroleum Products!

GenieInaBottle@shaw.ca
www.genieinabottle.biz

Genie In a Bottle
“Let The Genie Out Of The Bottle”

Holistic Blend

Thieves Spirit

Blends of Pure Therapeutic Essential Oils

100% Natural Ingredients
Satisfaction Guaranteed!
**Thieves Spirit Blend**
Contains Pure Organic Essential Oils of

- **Cinnamon Bark**
  Known for its antibacterial, anti-fungal, antiviral properties

- **Clove Bud**
  Used for its antiviral, antiseptic and anesthetic qualities

- **Eucalyptus**
  Has antimicrobial, anti-inflammatory properties & a great decongestant.

- **Lemon**
  Effective against fever, helps reduce stress, antioxidant, antibacterial.

- **Orange**
  Reduces muscular tension, anti-inflammatory, disinfectant & uplifting.

- **Peppermint**
  Anti-microbial, reduces muscle pain and helps clear sinuses.

- **Rosemary**
  An analgesic, expectorant, anti-oxidant, and antibacterial.

**Origin of the Thieves Blend**

Like any good tall tale, it’s mythical but set during actual historical events. During the Black Plague four brothers began robbing the dead. At first, they were largely ignored, as everyone knew they would eventually pay the price by catching the plague themselves but, to everyone’s surprise, they managed to avoid catching the plague and kept robbing graves, amassing a great deal of wealth. They became legendary and everyone wanted to know how they managed to avoid getting sick. Years later, when finally captured, they were asked for their secret and after much debating, they agreed to share their secret in return for their pardon. These men were the offspring of a perfumer and herbalist. They learned about essential oils from their parents during their childhood. They knew these oils would protect them so they rubbed them on their bodies and used them to clean anything they brought back.

Genie In a Bottle’s own “Thieves Spirit” is based on this ancient recipe, the ingredients used are of the highest therapeutic quality and recognized for their cleansing abilities antimicrobial and antibacterial properties, also known to be highly antifungal and to help destroy mold, all with a pleasant aroma.

**More Suggestions & Ideas**

- **Toothache**
  2 drops of “Thieves Spirit” on a cutip, apply to tooth and gum, then go to the dentist!

- **Sore throat**
  2 drops of “Thieves Spirit” in a glass of water, gargle thoroughly. Make your own mouth freshener, mix 2 ml of “Thieves Spirit” in a 60 ml bottle with atomizer, add water.

- **Headache**
  2 drops of “Thieves Spirit” and 2 drops of your favorite massage oil, apply to temple or neck.

- **Cold Feet**
  5 drops of “Thieves Spirit” and 3 drops of your favorite massage oil, apply.

- **Window Cleaner**
  100 ml vinegar, 400 ml water, 2 ml of “Thieves Spirit” shake well and spray.